





Autonomous Institute of Health Sciences

VRTAANT

Chronicle of Empowering Rehabilitation

Jul 24 - Sep 24

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Chronicle of Empowering Rehabilitation

WELCOME TO THE THIRD EDITION OF THE INSTITUTE OF HEALTH SCIENCES QUARTERLY NEWSLETTER!

For over 25 years, the Autonomous Institute of Health Sciences (IHS) has held a steadfast mission: to be a pioneering force in the field of medical rehabilitation of people with all kinds of disabilities. Our unwavering dedication lies in helping individuals with disabilities live a fulfilling and integrated life within the society, regardless of their chronic conditions or disorders.

Our vision extends beyond simply providing medical intervention. We actively engage in manpower development in rehabilitation sector, conducting research to develop solutions and even public awareness programs like Hear Expos and Autism Day celebrations. These initiatives while aim to educate the public about early diagnosis, the importance of medical rehabilitation for various developmental disorders, also creates hope for the people with disabilities.

At IHS, we are dedicated to providing a comprehensive range of services that support and empower individuals with disabilities. We believe everyone deserves the opportunity to reach their full potential, and our programs are designed to address their physical, mental, and social needs.

The past quarter has been a whirlwind of activity at IHS! We hosted a variety of events aimed at capacity building of professionals, sensitization of public, volunteering activities aimed at promoting inclusion and need for medical intervention through early diagnosis.

Join us in this transformative journey! Together, let's build a society where everyone has the opportunity to reach their full potential.



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I. MAJOR ACTIVITIES TAKEN DURING THE MONTH:

Formation of IHS Governing Body (29th June 2024)

The first session of the newly formed IHS Governing Body (GB) was held on 29th June 2024, chaired by Prof. Satya Mahapatra, with Dr. B. Padhy as the Member Secretary. The 10-member GB reflected on 25 years of IHS, outlining 14 KPIs for the next five vears. Discussions centered on governance structure, revenue generation, leadership development, capacity building, innovation, and start-up supervision. They finalized key action points for realizing the vision in the next three years, with priorities for AY 24-25 focusing on KPIs, targets, and aligning management with IHS values.



Image 1: Governing Body meeting

Development of Hearing Aid in collaboration with Hearing Zen (15th July 2024)

A high-profile meeting was organized to strategize the development of an innovative hearing aid (intra oral implant) which is being developed by Hearing ZEN. IHS in collaboration with Nalanda Institute of technology, Bhubaneswar, and Design Lab will be contributing to its technological specifications. Prof. Satya Mahapatra, Chairman, Autonomous Institute of Health Sciences, Dr. Subhasmita Sahoo, HOD, Department of Audiology and Speech Language Pathology, IHS along with the leadership team of the above organizations. meeting was focused on formulating actionable strategy on design specifications, Functionalities, study of target users and human speech range, signal limitations, market need and product suitability and usage of IHS facilities and testing capabilities.



Image 2: Hearing Aid Development

IHS Convocation Ceremony DIKSHANT (21st July 2024)

DIKSHANT, the annual convocation of IHS, was held on 21st July 2024, coinciding with Guru Purnima. This year marked the start of an annual tradition of celebrating the convocation on Guru Purnima. Chief Guest Mr. Bijay Patnaik praised IHS for its commitment to academic excellence healthcare education. The IHS Annual Report was released, and Dr. Santosh Mohanty, a key contributor, spoke on value leadership and the institute's operational framework. Graduates took their convocation pledge, and the event, managed by faculty, staff, and students, was a resounding success reflecting IHS's ethos.



Image 3: IHS Convocation; DIKSHANT SAMAROH

Clinical Development Strategy formulation (3rd August 2024)

A high powered committee has been formed to look in to diverse aspects of strategy formulation towards clinical development. The committee met on 3rd August to conduct a comprehensive data analysis, examine various strategic inputs and

formulate an innovative strategy to augment therapeutic services within and outside the campus. The meeting was chaired by Prof Satya Mahapatra, founder, Director IHS and attended by the administrative team and members of the governing body.



Image 4: Clinical Development Strategy

Har Ghar Triranga Event (12th Aug 2024)

Under Azadi Ka Amrut Mahotsav programe Har Ghar Triranga Event was organized on 12th August in the institute premise. In this event a pledge to fight against Drug Addiction was organized. Along with the students, faculty and staff representatives of the local Chandaka Grampanchayat too participated in the event with great patriotic fervor and zeal.



Image 5: Fight against Drug Addiction

Independence Day Celebrations (15th Aug 2024)

IHS celebrated India's 78th Independence Day with great enthusiasm and patriotic fervor. The event commenced with the flag hoisting by the Director, followed by a thought-provoking address by the Principal, who emphasized the importance of freedom and responsibility. The event also featured

a special rendition of the National Anthem in sign language, promoting inclusivity and unity. The cultural program featured vibrant songs and dances performed by students, showcasing the rich diversity of India. The Director then delivered an inspiring speech on the greatness of India, the freedom struggle, and the challenges of the modern erg.



Image 6: Independence Day Celebration

Teachers' Day Celebration (5th Sep 2024)

Teachers' Day was celebrated at IHS on 5th September with enthusiasm and gratitude, honoring the faculty for their contributions to the student community and society. The faculty were felicitated in the traditional Indian way, and students sought their blessings. Prof. Rau from the Department of Physiotherapy, Mr. Ramakrishna from the Department of Yoga and Naturopathy, and Dr. Bhabani Shankar, Principal, spoke about the role and significance of teachers in society. Prof. Satya Mahapatra emphasized the importance of continuous learning for professional excellence. The event featured heartfelt songs and cultural performances by the students.



Image 7: Teacher's Day Celebration

Ganesh Puja Celebration (7th Sep 2024)

The traditional Ganesh Puja was celebrated with great pomp and devotion in the IHS campus on 7th September. The entire community came together celebrating the vibrant and colorful cultural symbol of piety and paying homage to the deity of learning. The event fostered a sense of unity and spiritual connection among students, faculty, and staff, reflecting the deep-rooted values of respect and reverence for knowledge. The campus was adorned with decorations, and the air was filled with devotional chants, creating an atmosphere of joy and togetherness.



Image 8: Ganesh Puja Celebration

Orientation Program for the new batches of BASLP and BPT students.

IHS conducted a series of orientation program for the new batches of BASLP and BPT students, welcoming the fresh faces into our vibrant academic community. The event introduced students to the scope of the courses, curriculum, institutional values and facilities. The Director, the Principal and Faculty members lead multiple sessions, guiding the students on academic expectations, discipline, and growth opportunities. These Interactive sessions acquainted students with campus life and encourage peer bonding.

II. TOTAL NO. OF BENEFICIARIES SERVED:

The Autonomous Institute of Health Sciences in Bhubaneswar in its sprawling campus manages various facilities to provide multi-modal therapy to people with disabilities. We have state-of- the-art clinical facilities providing services in the domain of Neuro-rehab, Sports Medicine, Musculoskeletal, Vestibular, Mental Health, Swallowing Disorders, etc., for both paediatric and geriatric patients. Our 'Model Centre for Children with Special Needs' is one of its one-of-a-kind facilities providing excellent therapeutic intervention for children suffering from diverse developmental disorders. Apart from the conventional methods we also utilize ayurvedic, naturopathy, and nutraceuticals to provide the best evidence-based therapies to ensure quick restoration to functional independence. Over the past approximately 98 beneficiaries, including roughly 40 new patients, have received various clinical services.



Image 9: Clinical Services at IHS

III. CONFERENCES/SEMINARS ARRANGED:

Seminar on Intellectual Property Rights (27th Jun 2024)

A seminar on Intellectual Property Rights and Research Paper Writing was held on 27th June at the IHS campus. The session was led by Dr. Juhi Kidwai, Assistant Professor of the Communication Disorders and Sciences Program at Southern Illinois University, USA. Dr. Kidwai focused on critical technical aspects of research paper writing, including structuring, maintaining originality, and conducting plagiarism checks. She provided practical tips to enhance the quality of academic writing. The seminar was attended by around 60 students, who actively participated and gained valuable insights into producing high-quality research papers while adhering to intellectual property standards.



Image 10: Seminar on IPR

Participation in the International Arthroscopy Conference (20th Jul 2024)

Students of IHS participated in the International Arthroscopy Conference, organized by Sports Science India held on 20th July 2024 (Saturday) at Bhubaneswar. Around 40 students from Physiotherapy Department participated in the event and leant about ACL, Discoid Meniscus, BPTB harvest, CQT harvest, PCL treatment protocol etc. It was quite a learning experience as many professionals of national and international repute conducted the conference.



Image 11: International Arthroscopy Conference

'COMNCLAVE' of Research, Innovation, and Entrepreneurship (23 Aug 2024)

Autonomous Institute of Health Sciences organized COMNCLAVE of Research, Innovation, and Entrepreneurship was held virtually on 23rd August 2024. The event brought together a distinguished panel of judges and a diverse group of innovators from across India who presented a total of 31 papers. These ideas spanned a wide range of fields, including healthcare, technology,

sustainability, and social impact. Each presenter had the opportunity to explain their concepts, the problems they aimed to solve, and the potential impact of their innovations. The judges engaged with the presenters, offering insightful critiques, suggestions, and encouragement.



Image 12: COMNCLAVE

Odisha State Physiotherapy Conference- 2024 (8th Sep 2024)

Our staff and students actively participated in the OSPS 2024. The event provided valuable insights into the latest advancements in physiotherapy and rehabilitation.



Image 15: Staff and faculties at OSPC- 2024

IV. AWARENESS GENERATION AND CAMPS:

Vana Mahotsav Celebration (25th Jul 2024)

Vana Mahotsav was celebrated with great enthusiasm on 25th July 2024 at our institute. Students and staff lead by Prof Satya Mahapatra, Chairperson, IHS participated in a plantation drive,

adding greenery to our campus. The event highlighted the importance of trees and environmental conservation.



Image 13: Vana Mahotsav at IHS

Orientation on Rehabilitation Sciences (14th Aug 2024)

Professor Satya Mahapatra, Founder and Director of IHS, served as the esteemed chief guest at the orientation program of Ganesh Institute of Engineering and Technology, Bhubaneswar, on August 14th. In his inspiring address, he urged students to pursue excellence and highlighted diverse career opportunities in the rehabilitation field. Professor Mahapatra was honored by the institute for his valuable contribution.



Image 14: Honoured as Chief Guest at GIET Orientation Program

V. PROGRESS MADE IN E-GOVERNANCE:

Augumenting ERP for Enhanced E-Governance at IHS

IHS has implemented a comprehensive ERP system to enhance e-governance. Over the last one month the existing processes were improved upon.

- Staff Directory: Updated incorporating new staff details.
- Event Management: Efficient scheduling and communication of institute events.
- Attendance Capture: Student registration and integrating with automated biometric system for accurate, real-time tracking.
- Daily Reporting: Digital module for streamlined staff reporting and review.
- ERP Audit: A detailed ERP audit has been initiated to examine each and every process embedded in it to evaluate its effective execution and suggestions are made to bring suitable changes.
- A special provision to track student attendance and faculty's interaction with parents have been initiated.
- Initiation of drafting and implementation of standard operating procedure on classroom management and student attendance management.
- Formulation of monthly faculty appraisal format.

These initiatives have improved operational efficiency, data accuracy, and service delivery, aligning with IHS's commitment to technological advancement in governance.

Stay tuned for the next edition of the IHS Quarterly Newsletter, where we will share more inspiring stories and updates on our ongoing work.

Thank you for your continued support!

Contact US

Corporate office: N2/41, IRC Village, Nayapalli, Bhubaneswar-751015 7008558677, 9040009079 Campus Address: Chandaka village, Bhubaneswar-751024 7008558677 , 9040009079 ihsadmissioncell@gmail.com